



Life and Nothing More

Film Study Guide

Director: Antonio Méndez Esparza

2017 | Fiction | 114 Minutes | Spain, USA | English | Unrated

<https://grasshopperfilm.com/film/life-and-nothing-more/>

Synopsis: A stunning fusion of drama and real-life, Florida-based director Esparza’s remarkable second feature follows Regina, a single-mother, and her teenage son Andrew. As Regina brings another man into their lives, Andrew wrestles with young adulthood, first love, and his feelings about his absent father.

Post-Screening Discussion Questions

1. How do you think Andrew’s relationship with his father impacted his actions? What is the importance of having a role model in your life?
2. Why do you think Andrew pulled a knife on that couple in the park? Did the husband do anything wrong?
3. How do you think Gina’s relationship with her new boyfriend impacted Andrew? Did he seem excited to have a new paternal figure in his life? Why do you think so?

4. The style of this film feels similar to a documentary. Did you think the way it was filmed was realistic? What scenes specifically stood out to you?
5. The film follows Gina, Andrew's mother, and her point of view for most of the movie. How did her perspective impact you? What did you think of her as a character?
6. Do you think the teacher in the beginning of the film was right to say he knew Andrew's family just because he knew other people who had been incarcerated? What do you think his point was when he said all that matters is where you end up? Do you agree or disagree?
7. If you lose one or both of your parents, what do you think a good alternative role model would be? Do you think Andrew's father was a bad role model just because he was incarcerated? Why or why not?
8. What was your favorite aspect of this film? Did you like how it was shot, the actors, the storyline? Why is that aspect your favorite?